

# Membership Options:

The following types of Memberships are available at Integrated Health Centre:

## Memberships:

Membership	8AM – 8PM	24 hour – no classes	24 hour with classes
12-month	\$30/month	\$40/month	\$50/month
6-Month	\$35/month	\$45/month	\$55/month
3-Month	\$37/month	\$47/month	\$57/month
1-Month	\$40/month	\$50/month	\$60/month

## Drop In Rate:

Use of gym, no classes	\$7 (including tax)
Class drop in with gym use	\$12 (including tax)

Ask about monthly payment options, Senior and Student Discounts and Corporate Specials